

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
10h30 Practice	10h30 Practice	08h00 Pole Dance Niv. 1 MELISSA	08h00 Souplesse DIANE	08h00 Pilates Fusion PROSPÉRINE	10h00 Practice	10h00 Practice
11h30 Practice	11h30 Practice	08h00 Flexibility MARINE	09h00 Pole I DIANE	10h30 Practice	11h00 Pole Dance Niv. 1/2 CAROLINE	10h30 Pole Dance Niv. 1/2 MELISSA
12h30 Pole Dance Niv. 1/2 CAROLINE	12h30 Pole Dance Niv. 1 MARIE ROSE	09h00 Sexy Pole MELISSA	10h30 Practice	11h30 Practice	12h15 Pole Dance Niv. 2/3/4 CAROLINE	11h45 Erotic Flow MARIE ROSE
12h30 Body Sculpt MARINE	14h00 Practice	09h00 Souplesse MARINE	11h30 Practice	12h30 Pole by Lucille Niv. 1 LUCILLE	13h30 Flexibility CAROLINE	12h45 Pole Dance Niv. 2/3 MELISSA
14h00 Practice	15h00 Practice	10h30 Practice	12h30 Pole Dance Niv. 2/3/4 CAROLINE	12h30 Body Sculpt MARINE	13h30 Pole I JAMAL	14h00 Sexy Heels MELISSA
15h00 Practice	16h00 Practice	11h30 Practice	12h30 Back Bend SÉVERINE	14h00 Practice	14h30 Pole Niv. 2 JAMAL	16h00 Practice
16h00 Practice	17h00 Practice	12h30 Pole Dance Niv. 2/3 ANITA	14h00 Practice	15h00 Practice	17h00 Practice	17h00 Practice
17h00 Practice	17h30 Spinning Shape JULIA	14h00 Practice	15h00 Practice	16h00 Practice	18h00 Pole Initiation LOLA	18h00 Pretty Combo JULIA
17h30 Barre au sol WILLIAM	18h30 Cinematic Pole JULIA	15h00 Practice	16h00 Practice	17h30 Pole by Lucille Niv. 1/2 LUCILLE	19h00 Pole Initiation LOLA	19h00-20h15 Pole Dance Niv. 1/2 JULIA
18h00 Pilates Fusion DIANE	19h30 Spin Heels Pole STANLEY	16h00 Practice	17h30 Pole Floorwork SÉVERINE	18h30 Pole Conditioning ÉLODIE	20h00 Practice	20h00 Cinematic Pole JULIA
18h30 Pole Dance Niv. 1 LOLA	20h30 Heels Pole Flow STANLEY	17h00 Practice	18h30 Pole Compétition 1 FARAH	19h30 Sexy Work ÉLODIE		
19h00 Vinyasa I DIANE		17h30 Divine Pole Choreo JOY	19h30 Pole Compétition 2 FARAH	20h30 Pole Flow Niv. 2/3 ÉLODIE		
19h30 Pole Dance Niv. 2/3 LOLA		18h30 Pole Dance Niv. 1 ANITA	20h45 Pole Niv. 3 ESTELLE			
20h45 Pole Cabaret GARANCE		19h30 Sexy Pole MELISSA				
		20h45 Pole Dance Niv. 2/3 MELISSA				