



LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
10h30 – 11h30 PRACTICE	10h30 – 11h30 PRACTICE	08h00 Pole Dance – Niv. 1 Melissa	10h30 – 11h30 PRACTICE	08h00 Pilates Fusion Prospérine	10h00 – 11h00 PRACTICE	10h00 – 11h00 PRACTICE
11h30 – 12h30 PRACTICE	11h30 – 12h30 PRACTICE	08h00 Flexibility Marine	11h30 – 12h30 PRACTICE	10h30 – 11h30 PRACTICE	11h00 Pole Dance – Niv. 1/2 Caroline	10h30 Pole Dance – Niv. 1/2 Melissa
12h30 Pole Dance – Niv. 1/2 Caroline	12h30 Pole Dance – Niv. 1 Marie Rose	09h00 Sexy Pole Melissa	12h30 Pole Dance – Niv. 2/3/4 Caroline	11h30 – 12h30 PRACTICE	12h15 Pole Dance – Niv. 2/3/4 Caroline	11h45 Erotic Flow Marie Rose
12h30 Body Sculpt Marine		09h00 Souplesse Marine	12h30 Back Bend Séverine	12h30 Pole by Lucille – Niv. 1 Lucille	13h30 Flexibility Caroline	12h45 Pole Dance – Niv. 2/3 Melissa
14h00 – 15h00 PRACTICE	14h00 – 15h00 PRACTICE	10h30 – 11h30 PRACTICE	14h00 – 15h00 PRACTICE	12h30 Body Sculpt Marine	14h30 Pole Dance – Niv. 1 Jamal	14h00 Sexy Heels Melissa
15h00 – 16h00 PRACTICE	15h00 – 16h00 PRACTICE	11h30 – 12h30 PRACTICE	15h00 – 16h00 PRACTICE	14h00 – 15h00 PRACTICE	15h30 Pole Dance – Niv. 2 Jamal	16h00 – 16h00 PRACTICE
16h00 – 17h00 PRACTICE	16h00 – 17h00 PRACTICE	12h30 Pole Dance – Niv. 2/3 Anita	16h00 – 17h00 PRACTICE	15h00 – 16h00 PRACTICE	17h00 – 18h00 PRACTICE	16h00 – 17h00 PRACTICE
17h00 – 18h00 PRACTICE	17h00 – 18h00 PRACTICE	14h00 – 15h00 PRACTICE	17h30 Pole Chorégraphique Séverine	16h00 – 17h00 PRACTICE	18h00 Pole Initiation Lola	17h00 – 18h00 PRACTICE
18h30 Pole Dance – Niv. 1 Lola	17h30 Spinning Shapes Julia	15h00 – 16h00 PRACTICE	18h30 Pole Compétition 1 Farah	17h30 Pole by Lucille – Niv. 1/2 Lucille	19h00 Pole Initiation Lola	18h00 Pretty Combo Julia
19h30 Pole Dance – Niv. 2/3 Lola	18h30 Cinematic Pole Julia	16h00 – 17h00 PRACTICE	19h30 Pole Compétition 2 Farah	18h30 Pole by Lucille – Niv. 2/3 Lucille	20h00 – 21h00 PRACTICE	19h00 Pole Dance – Niv. 1/2 Julia
		17h00 – 18h00 PRACTICE	20h45 Pole Chorégraphique Garance	18h30 Pole Conditioning Élodie		20h00 Cinematic Pole Julia
		18h30 Pole Dance – Niv. 1 Anita		20h30 Sexy Work Élodie		
		19h30 Sexy Pole Melissa		20h30 Pole Flow – Niv. 2/3 Élodie		
		20h45 Pole Dance – Niv. 2/3 Melissa				